Four Million

Children and adolescents in the US suffer from a serious mental disorder that causes significant functional impairments at home, at schools and with peers.

50% of all mental health disorders show first signs before a person turns 14 years old.

10% of Children and Adolescents have experienced a period of major depression.

The onset of major mental illness may occur as early as 7 to 11 years old.

In 9 to 17 year olds as many as 13 of every 100 young people have an anxiety disorder.

Early mental health support can help a child before problems interfere with other developmental needs.

**SCHOOL BASED PROGRAM**

- Students remain in school for in-person behavioral health services
- Behavioral Health Specialists provide: Biopsychosocial Assessment, Psychological evaluation and testing, individual therapy, identification of additional resources and coordination and management of care.

**TELEBEHAVIORAL HEALTH SERVICES**

Telebehavioral health creates, promotes and maintains access to behavioral health services through technology.

Children respond most effectively to treatment that corresponds to their developmental stage.

**BENEFITS**

- Timely and increased access to healthcare
- Early identification and intervention
- Increased likelihood of improved attendance, better grades, and fewer classroom disruptions
- Less time away from work for parents and school for students.

**HOW TO START?**

- Consult with the designated school staff for further screening.
- Designated school staff can initiate a referral to the appropriate behavioral health specialist
- Ultimately, the behavioral health specialist will work with the student and/or parent to develop the most appropriate treatment plan.

**FOR YOUR INFORMATION**

- If a young person reaches out for help NEVER dismiss it as attention seeking behavior.
- If a student in this program is in immediate crisis while at school, each school will utilize their crisis intervention program.